

Make believe bubbles

Close your eyes.
Put your mouth in a little
O shape and blow softly...
blow some more.

Pretended you are blowing lots of little bubbles.

Jump up and try to pop all of those bubbles!

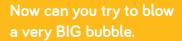


Where would you fly to in your magic big bubble?

Would you fly over the sea?

Go somewhere warm or somewhere cold?

Now your bubble takes you back to your house



Take a big breath in and blow for a long time to get that bubble as big as you can.

Now imagine getting inside that bubble and floating up into the sky.

Can you see the trees and houses below you getting smaller?



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